

RESILIENCE RESEARCHER
INTERACTION **SPEAKER**



Karen Eddington helps organizations

INTERACT

so people want to **come back**

REPEAT BUSINESS. **RETAIN** RELATIONSHIPS.
RECOVER FROM SETBACKS.

PROGRAMS

The A.R.T. of Interaction

Create a welcome experience
in a leave me alone era.

Inconvenient Community

A thought provoking look at being
uncomfortable in connection.

Strong Under Pressure

Lessons Learned from the
Under Pressure Project



“VERY ENGAGING”

JumpStart Conference

“YOUR PRESENTATION WAS EXACTLY WHAT WE WERE LOOKING FOR
I WAS ALSO IMPRESSED WITH HOW MUCH YOU KNEW ABOUT OUR
ORGANIZATION. YOU HAD CLEARLY DONE YOUR RESEARCH.”

TECS Staff Training

“I TOOK SO MANY NOTES!”

LWAG Association Annual Meeting

Karen Eddington is a 20 year resilience researcher, keynote speaker, and author, who teaches you connection skills based on her research in The Under Pressure Project. Featured on ESPN for helping student athletes develop leadership skills, Karen teaches you The A.R.T. of Interaction.



TELL KAREN ABOUT YOUR EVENT

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Karen typically travels out of the Salt Lake City, Utah airport.

Thank you for considering me for your event. You matter. Your time matters. Your meeting matters.
Your people matter. I'm here to help you have everything you need.